

**10% EARLY
BIRD DISCOUNT**

(Book before September)



Wellbeing support for people and workplaces

COMPASSIONATE LEADERSHIP OPEN COURSE

Upskilling leaders and managers to create the conditions for their teams to thrive: higher performance, stronger working relationships and keeping great people.

This training focuses on:

- Developing relational leadership skills for emerging and existing leaders.
- Building a shared foundation for how people work together to create stronger, healthier team cultures.
- Strengthening both individual and organisational performance.
- Supporting wellbeing and team connections throughout the workplace.

6 teaching days: (10am - 4pm in Cardiff) starting Wednesday 4th Nov 2026.

Monthly: Nov 2026 to April 2027

Plus: 3 reflective practice sessions (2 hrs online)

Cost: £1200 + VAT per person (10% off if booked before September 2026)

PLATF **FORM**

Expert- led compassionate leadership training

Session topics include:

- Understanding relational leadership and **why traditional leadership models often fall short today**
- **Creating psychological safety** in teams and identifying barriers
- **Understanding the core needs of staff** and how we communicate with our teams for motivation, inclusion and shared power
- **Leading through discomfort** and understanding how we respond to challenges
- **Coaching skills** as a way to empower
- Deepening self-awareness and **facilitating reflective practice** in teams

Got questions or want to book spaces?

Email Mary Rogers

maryrogers@platform.org

Discount available for **charities and multiple bookings** from the same organisation.

